

DOCUMENTATION OF PRACTICAL TRAINING WITH FALL PROTECTION EQUIPMENT

Date: _____

The undersigned hereby confirms that

_____, born _____,
has completed training in the practical use of fall protection equipment.

Elements included in the practical training:

- Review of the manufacturer's user guide/instructions for the fall protection equipment that the worker must use to ensure personal safety when working at height
- Review of any limitations in the use of the equipment provided by the manufacturer
- Review of correct marking/labeling of the equipment
- Practical exercises in inspecting equipment before putting it on
- Practical exercises in correctly donning and connecting equipment
- Buddy check
- Practical exercises where participants practice using a "trauma strap"
- Review of routines/plans for rescuing an injured person

The training is based on the requirements in "Regulation on Organization, Management and Participation", Chapter 8, § 8-1 General requirements for training:

The employer shall ensure that employees who use equipment and installations or handle goods, substances or products receive the necessary training and exercise in appropriate work techniques, work organization, other relevant matters, and possess the necessary qualifications for safe performance of their work.

Where the use of aids, escape and rescue equipment, first aid equipment or personal protective equipment is required, training — and, if necessary, exercises — shall be provided in their use.

When training persons under the age of 18, special consideration shall be given to their lack of work experience, their lack of awareness of existing and potential risks, or their not yet being fully developed.

Owners of enterprises that do not employ workers, but whose use of equipment or performance of work may expose workers to danger, must ensure they have the necessary training and qualifications.

The employer is responsible for ensuring sufficient training is provided and that the training is adapted to the specific equipment being used.

The person providing the training must have broad experience in fall protection and the use of the equipment.

Information about the person signing the confirmation:

Name:	
Company:	
Position:	
Telephone:	
E-mail:	

Signature: _____

(This form is stored in the company's internal control)